

## Suicide Prevention Education Materials

In 2014, the Wyoming legislature passed the Jason Flatt Act. This act created two additional paragraphs to Wyoming Statute. W.S. 21-3-110 (a)(xxxiii) requires that at a minimum, staff members participate in eight hours of training every four years with two hours provided during a staff member's initial year (if prior training is absent). Schools may supplement this training with a variety of other activities and programs that are not included in the list below.

W.S. 21- 2-202 (a)(xxxv) requires the State Superintendent of Public Instruction to review and make suitable suicide prevention education materials available to school districts. Suitable suicide prevention education materials are educational programs that have been validated by the suicide prevention review team and are recommended by the State Superintendent of Public Instruction.

A reference website is included with the following approved programs as a place to start a review. It does not necessarily represent the only location to find information on a program.

### Approved Programs

**Suicide Prevention and Intervention Training with a Community-Based Approach** <https://theconnectprogram.org/available-services/suicide-prevention-and-intervention-training-with-a-community-based-approach/>

**Mental Health First Aid**

<https://www.mentalhealthfirstaid.org/>

**Safe Schools - Youth Suicide: Awareness and Prevention Jason Flatt Act**

<https://www.safeschools.com/courses/youth-suicide-awareness-and-prevention/>

**Be a Link! Suicide Prevention Gatekeeper Training**

<https://www.sprc.org/resources-programs/be-link-suicide-prevention-gatekeeper-training>

**Making Educators Partners in Youth Suicide**

<https://www.sptsusa.org/training-programs/>

**More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel**

<https://afsp.org/our-work/education/more-than-sad/>

**Question, Persuade, Refer (QPR)**

<https://qprinstitute.com/>

**Suicide Alertness for Everyone (Safe TALK)**

<https://www.sprc.org/resources-programs/suicide-alertness-everyone-safetalk>

### **Kognito At-Risk for High School Educators**

<https://kognito.com/products/at-risk-for-high-school-educators>

### **Jason Foundation Training Modules**

<https://learn.jasonfoundation.com/courses/>

### **Public School Works**

<https://corp.publicschoolworks.com/>

### **Applied Suicide Intervention Skills Training (ASIST)**

<https://www.livingworks.net/asist>

### **School Suicide Prevention Accreditation Program**

<https://suicidology.org/training-accreditation/school-accreditation-program/>

### **Online Counseling and Suicide Intervention Specialist (OCSI)**

<https://www.sprc.org/resources-programs/online-counseling-and-suicide-intervention-specialist>

### **QPRT Suicide Risk Assessment and Risk Management Training Program**

[https://courses.qprinstitute.com/index.php?option=com\\_zoo&task=item&item\\_id=5&Itemid=101](https://courses.qprinstitute.com/index.php?option=com_zoo&task=item&item_id=5&Itemid=101)

### **Recognizing and Responding to Suicide Risk (RRSR)**

<https://suicidology.org/training-accreditation/rrsr-clinicians/>

### **Assessing and Managing Suicide Risk (AMSR)**

<http://www.sprc.org/resources-programs/assessing-and-managing-suicide-risk-core-competencies-mental-health-professionals>

### **National or statewide conference content in general**

Note: Regarding conferences, the following provisions must be true to carry an approved status with respect to the Jason Flatt Act:

- The conference must be primarily a suicide prevention conference, sponsored by a national or statewide accrediting body, and approved by the district superintendent.

## Supports, Resources, and Interventions

Supports, Resources, and Interventions are types of materials that can serve to reinforce the suicide prevention work of a district. They do not necessarily have, however, all the visible, evidenced-based, time validated, content/curriculum, and suicide prevention/intervention skills. They may include things like checklists, screenings, tools designed for other states, broad mental health material not specifically focused on suicide prevention, student curriculum, peer groups, etc.

### **Wyoming Suicide Prevention Resource Guide: With Help Comes Hope**

<https://www.wyomingbar.org/wp-content/uploads/Wyoming-Suicide-Prevention-Resource-Guide.pdf>

### **University of Wyoming Counseling Center**

<http://www.uwyo.edu/ucc/suicide-prevention-and-resources.html>

### **Classroom Mental Health: A Teacher's Toolkit for High School**

<https://classroommentalhealth.org/>

### **After a Suicide: A Toolkit for Schools, Second Edition**

<http://www.sprc.org/sites/default/files/resource-program/AfteraSuicideToolkitforSchools.pdf>

### **National Suicide Prevention Lifeline - 1-800-273-TALK (8255)**

<https://suicidepreventionlifeline.org/>

### **Crisis Text Line - Text HOME to 741741**

<https://www.crisistextline.org/>

### **Safe2Tell Wyoming - 1-844-WYO-SAFE (1-844-996-7233)**

<https://www.safe2tellwy.org/index.php/schools>

### **Grace For 2 Brothers**

<http://www.gracefor2brothers.com/educational.aspx>

### **Preventing Suicide: A High School Toolkit**

<https://www.sprc.org/resources-programs/preventing-suicide-toolkit-high-schools>

### **Youth Suicide Prevention School-Based Guide Checklists**

<https://www.sprc.org/resources-programs/youth-suicide-prevention-school-based-guide-checklists>

### **Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel**

<https://www.sprc.org/resources-programs/youth-suicide-prevention-intervention-and-pos>

[tvention-guidelines-resource-school](#)

**Emergency Department Means Restriction Education**

<https://www.sprc.org/resources-programs/emergency-department-means-restriction-education>

**Model Adolescent Suicide Prevention Program (MASPP)**

<https://www.sprc.org/resources-programs/model-adolescent-suicide-prevention-program-maspp>

**SOS Signs of Suicide (screening tool)**

<https://www.mindwise.org/what-we-offer/suicide-prevention-programs/>

**Centers for Disease Control and Prevention**

<https://www.cdc.gov/>

**National Action Alliance for Suicide Prevention**

<https://theactionalliance.org/>

**Texas Suicide Prevention Program**

<https://texassuicideprevention.org/>

**A Strategic Planning Approach to Suicide Prevention**

<https://www.sprc.org/resources-programs/strategic-planning-approach-suicide-prevention>

**Empathos**

<http://www.empathosresources.com/>

**Sources of Strength**

<https://sourcesofstrength.org/>

**Connect Suicide Prevention Intervention Training**

<https://www.sprc.org/resources-programs/connect-suicide-prevention-intervention-training>

**Connect Youth Leaders: Partnering with Adults in Youth Suicide Prevention**

<https://www.sprc.org/resources-programs/connect-youth-leaders-partnering-adults-youth-suicide-prevention>

**Gryphon Place Gatekeeper Suicide Prevention Program - A Middle School Curriculum**

<https://www.sprc.org/resources-programs/gryphon-place-gatekeeper-suicide-prevention-program-middle-school-curriculum>

**High School Gatekeeper Curriculum**

<https://www.sprc.org/resources-programs/high-school-gatekeeper-curriculum>

**Just Talk About It**

<https://mindingyourmind.org/what-we-do/just-talk-about-it/>

**Lifelines Intervention: Helping Students at Risk for Suicide**

<https://www.hazelden.org/web/public/lifelines.page>

**Response: A Comprehensive High School-based Suicide Awareness Program**

<https://www.sprc.org/resources-programs/response-comprehensive-high-school-based-suicide-awareness-program-2nd-edition>

**Wyoming Department of Health Injury & Violence Prevention Program**

<https://health.wyo.gov/publichealth/prevention/wivpp/suicide-prevention/>

**Natural Helpers**

<http://nmsip.org/services/natural-helpers/>

The department reserves the right to update the list as necessary or each year, as circumstances may dictate.

Districts will internally track staff participation in suicide prevention training and ensure general compliance with the aforementioned suicide prevention statutes, including making training materials available to interested community members.

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