Suicide Prevention Education Materials

In 2014, the Wyoming legislature passed the Jason Flatt Act. This act created two additional paragraphs to Wyoming Statute. W.S. 21-3-110 (a)(xxxiii) requires that at a minimum, staff members participate in eight hours of training every four years with two hours provided during a staff member’s initial year (if prior training is absent). Schools may supplement this training with a variety of other activities and programs that are not included in the list below.

W.S. 21- 2-202 (a)(xxxv) requires the State Superintendent of Public Instruction to review and make suitable suicide prevention education materials available to school districts. Suitable suicide prevention education materials are educational programs that have been validated by the suicide prevention review team and are recommended by the State Superintendent of Public Instruction.

A reference website is included with the following approved programs as a place to start a review. It does not necessarily represent the only location to find information on a program.

Approved Programs


Mental Health First Aid
https://www.mentalhealthfirstaid.org/

Safe Schools - Youth Suicide: Awareness and Prevention Jason Flatt Act

Be a Link! Suicide Prevention Gatekeeper Training
https://www.sprc.org/resources-programs/be-link-suicide-prevention-gatekeeper-training

Making Educators Partners in Youth Suicide
https://www.sptsusa.org/training-programs/

More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel
https://afsp.org/our-work/education/more-than-sad/

Question, Persuade, Refer (QPR)
https://qprinstitute.com/

Suicide Alertness for Everyone (Safe TALK)
Kognito At-Risk for High School Educators
https://kognito.com/products/at-risk-for-high-school-educators

Jason Foundation Training Modules
https://learn.jasonfoundation.com/courses/

Public School Works
https://corp.publicschoolworks.com/

Applied Suicide Intervention Skills Training (ASIST)
https://www.livingworks.net/asist

School Suicide Prevention Accreditation Program
https://suicidology.org/training-accreditation/school-accreditation-program/

Online Counseling and Suicide Intervention Specialist (OCSI)
https://www.sprc.org/resources-programs/online-counseling-and-suicide-intervention-specialist

QPRT Suicide Risk Assessment and Risk Management Training Program
https://courses.qprinstitute.com/index.php?option=com_zoo&task=item&item_id=5&Itemid=101

Recognizing and Responding to Suicide Risk (RRSR)
https://suicidology.org/training-accreditation/rrsr-clinicians/

Assessing and Managing Suicide Risk (AMSR)

National or statewide conference content in general
Note: Regarding conferences, the following provisions must be true to carry an approved status with respect to the Jason Flatt Act:

- The conference must be primarily a suicide prevention conference, sponsored by a national or statewide accrediting body, and approved by the district superintendent.
Supports, Resources, and Interventions

Supports, Resources, and Interventions are types of materials that can serve to reinforce the suicide prevention work of a district. They do not necessarily have, however, all the visible, evidenced-based, time validated, content/curriculum, and suicide prevention/intervention skills. They may include things like checklists, screenings, tools designed for other states, broad mental health material not specifically focused on suicide prevention, student curriculum, peer groups, etc.

Wyoming Suicide Prevention Resource Guide: With Help Comes Hope

University of Wyoming Counseling Center
http://www.uwyo.edu/ucc/suicide-prevention-and-resources.html

Classroom Mental Health: A Teacher’s Toolkit for High School
https://classroommentalhealth.org/

After a Suicide: A Toolkit for Schools, Second Edition
http://www.sprc.org/sites/default/files/resource-program/AfteraSuicideToolkitforSchools.pdf

National Suicide Prevention Lifeline - 1-800-273-TALK (8255)
https://suicidepreventionlifeline.org/

Crisis Text Line - Text HOME to 741741
https://www.crisistextline.org/

Safe2Tell Wyoming - 1-844-WYO-SAFE (1-844-996-7233)
https://www.safe2tellwy.org/index.php/schools

Grace For 2 Brothers
http://www.gracefor2brothers.com/educational.aspx

Preventing Suicide: A High School Toolkit
https://www.sprc.org/resources-programs/preventing-suicide-toolkit-high-schools

Youth Suicide Prevention School-Based Guide Checklists

Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel

Updated and Accessibility Checked 9/19/19
Emergency Department Means Restriction Education
https://www.sprc.org/resources-programs/emergency-department-means-restriction-education

Model Adolescent Suicide Prevention Program (MASPP)
https://www.sprc.org/resources-programs/model-adolescent-suicide-prevention-program-maspp

SOS Signs of Suicide (screening tool)
https://www.mindwise.org/what-we-offer/suicide-prevention-programs/

Centers for Disease Control and Prevention
https://www.cdc.gov/

National Action Alliance for Suicide Prevention
https://theactionalliance.org/

Texas Suicide Prevention Program
https://texas-suicide-prevention.org/

A Strategic Planning Approach to Suicide Prevention
https://www.sprc.org/resources-programs/strategic-planning-approach-suicide-prevention

Empathos
http://www.empathosresources.com/

Sources of Strength
https://sourcesofstrength.org/

Connect Suicide Prevention Intervention Training
https://www.sprc.org/resources-programs/connect-suicide-prevention-intervention-training

Connect Youth Leaders: Partnering with Adults in Youth Suicide Prevention
https://www.sprc.org/resources-programs/connect-youth-leaders-partnering-adults-youth-suicide-prevention

Gryphon Place Gatekeeper Suicide Prevention Program - A Middle School Curriculum
https://www.sprc.org/resources-programs/gryphon-place-gatekeeper-suicide-prevention-program-middle-school-curriculum

High School Gatekeeper Curriculum
https://www.sprc.org/resources-programs/high-school-gatekeeper-curriculum

Updated and Accessibility Checked 9/19/19
Just Talk About It
https://mindingyourmind.org/what-we-do/just-talk-about-it/

Lifelines Intervention: Helping Students at Risk for Suicide
https://www.hazelden.org/web/public/lifelines.page

Response: A Comprehensive High School-based Suicide Awareness Program

Wyoming Department of Health Injury & Violence Prevention Program

Natural Helpers
http://nmsip.org/services/natural-helpers/

The department reserves the right to update the list as necessary or each year, as circumstances may dictate.

Districts will internally track staff participation in suicide prevention training and ensure general compliance with the aforementioned suicide prevention statutes, including making training materials available to interested community members.

For questions, please contact Catherine Palmer, Accreditation Consultant, at catherine.palmer@wyo.gov or 307-777-6198.